

## More about PUFFIN Online

The course consists of four 2 hourly sessions over 4 weeks, usually morning sessions and is currently delivered via Microsoft Teams.

Three themes are covered across the 4 weeks:

- Understanding Autism and Sensory Processing differences
- Understanding language and communication development and strategies to support this
- Understanding and supporting emotional regulation

Workshop style sessions encourage sharing of experiences and strategies within a positive supportive environment.

Sessions are run collaboratively by trainers from specialist support services from education, health and voluntary organisations such as Autism Family Support. Each course is delivered by 2 professionals with considerable experience of working with children with Autism and communication and interaction differences and difficulties.

## What will the course offer me?

An opportunity to:

- Increase your understanding of Autism and related communication and interaction differences/difficulties.
- Develop a toolkit of general and specific strategies to support your child's development and emotional regulation.
- Have access to network with other families with children who have autism to celebrate their individual strengths and differences.



## Who can participate in a PUFFIN Online course?

Families with children under 5 who have not yet joined a reception class, where a formal or working diagnosis of Autism has been given by a paediatrician.

Two places are allocated to each family; parents have found it very beneficial when both of them have been able to participate. Alternatively one parent can participate on their own or could nominate a friend/family member.

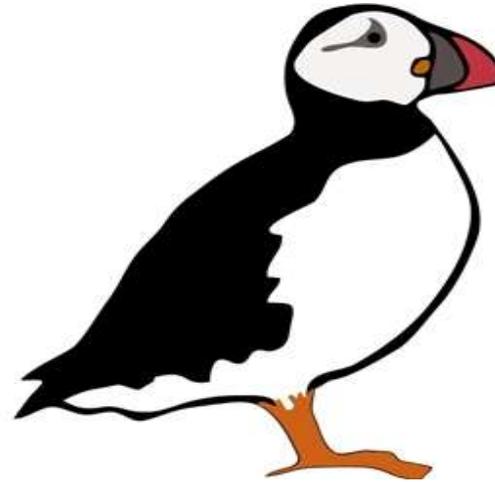
## How do I apply for a place?

You can self-refer by completing a simple application available from [eyseintadmin@oxfordshire.gov.uk](mailto:eyseintadmin@oxfordshire.gov.uk) or contact us on 01865 816663

People working with you and your child can support you to make an application if you would find this helpful.

### Cost

Each family is asked to contribute £50 towards the cost of running the course. Concessions may be available – speak to us if you wish to know more.



Purposeful Family Focussed  
Intervention



**Oxfordshire's PUFFIN Online  
Programme**

**Purposeful Family Focussed  
Intervention**

An online course for families with children under 5 who have not yet started school (reception class) with a formal or working diagnosis of Autism.