

# We are Oxfordshire Domestic Abuse Services.

We offer emotional and practical support to people experiencing or fleeing domestic abuse in Oxfordshire.

We help all people, with or without children, regardless of age, gender, sexual orientation, disability, ethnicity and religion.



Our services are free of charge and confidential.

We can help you whether or not you are currently in a relationship with your abuser.

## Our promise

To provide a confidential service for you to explore your options, rediscover freedom-of-choice and self esteem.

Our service is person-centred, promotes independence and provides independent advice.



A2Dominion Domestic Abuse Services  
delivered in partnership with Oxfordshire  
County Council and affiliated with National  
Women's Aid.

Call our helpline  
**0800 731 0055**  
or email  
**[das@a2dominion.co.uk](mailto:das@a2dominion.co.uk)**

## Our services

Phone and email helpline  
Face-to-face support in a safe place  
Support groups  
Refuges and other places of safety  
Support for children in refuges  
The Anchor Programme - for people with complex needs  
Help recognising abuse  
Safety planning  
Increasing access to services for people and their children  
Support workers for people in refuges and places of safety  
Outreach services  
Independent domestic violence advisors  
Domestic abuse training for external agencies and professionals  
Research, volunteering and apprenticeship opportunities.

## Our aims

- To provide a high-quality, confidential service to support people, with or without children, fleeing or at risk of domestic abuse
- To help people develop the skills needed to live independently, and to manage their tenancy in order to secure their own permanent accommodation
- To help people access the right services for them and their children
- To be person-centred in our approach
- To empower adults and children and give them the opportunity to learn and develop to increased quality-of-life, and options for future employment
- To recognise everyone has individual needs
- To increase the self-esteem and self-image of adults and children fleeing domestic violence
- To work with other services to ensure each person's needs are met.

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## You are not alone

Over **2 million people** in the UK aged 16 to 59 said they were **victims of domestic abuse** in 2017/18.

**1 in 12 women** and **1 in 25 men** in the UK said they were **victims of domestic abuse** in the same period.

**1 in 4 women** and **1 in 6 men** will be a **victim of domestic abuse** during their lifetime.

**1 in 3 LGBTQ+** people **experience domestic abuse** during their lifetime.

**20% of all children** in the UK been **exposed to domestic abuse**.

**62% of children** in families affected by domestic abuse **are directly harmed** by the abuser.

These figures are based on research quoted by various domestic abuse services across the UK. The actual values may be much higher as domestic abuse is severely under-reported.

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Our helpline is open **10am to 7pm**  
**Monday to Friday.**

**In an emergency:**

Call **999** or 24-hour national helpline

**0808 200 0247**

We offer translation services if English is not your first language.

  
a2dominion