# Experiences for babies

# *Every baby, every day*

* Baby songs and lullabies
* Finger rhymes
* Action rhymes
* Share a book
* ‘High play’
* Rocking gently
* Swinging
* Roll-a ball
* Knock down play
* Treasure basket play
* Walk in local area
* Sensory activities
* ‘Feel’ of outdoors
* Peek-a-boo
* Walk on the hip
* Bounce on the knee
* Nappy changing
* Tummy time
* Tickle time
* Posting boxes and hiding games
* Paper play scrunch or rip
* Shake, rattle and roll with filled containers
* My photo book/box/tube/mobile of laminated family photos – something to point and talk about…