

Public health and wellbeing

Date updated 17th April 2020

The coronavirus outbreak means that the services provided by our health care partners will be affected in Oxfordshire.

Please see below for a list of services affected and how to get in touch if you need more information.

Health Visitor Service:

This service provides health and development checks for children (0-5 Years) and their families as well as parenthood advice such as healthy lifestyles and managing minor illness

Examples of how the service is affected:

- We are using Skype and telephone contact where we cannot home visit
- Until further notice Health Visitors will not be running baby clinics, “early days” or “knowing me, knowing you” groups

For most up to date service impacts please visit the website.

www.oxfordhealth.nhs.uk/health-visitors/

School Health Nursing

This service aims to improve the health and wellbeing of children and young people (5-19) through a school/college-based service.

Examples of how the service is affected:

- The school health nurses are offering a service via text, phone, email and Skype/facetime’.
- The National Child Measurement has temporarily ceased operating

Further contact information, go to the website: <https://oxme.info/cms/health/school-health-nurse>

For information about the contraception outreach programme for young people aged up to and including 19 who are in mainstream education, please go to

<https://bit.ly/schnursescontraception>

Oxfordshire Roads to Recovery (Turning Point)

This service helps people recover from drug and alcohol addiction by offering a holistic range of services including residential rehabilitation, supported living and ongoing support.

Examples of how the service is affected:

- The Turning Point community alcohol and drug service has moved to remote appointments (telephone and Skype)
- Needle exchange packs continue to be available at all hubs

For the most up to date information please visit the website. <http://wellbeing.turning-point.co.uk/oxfordshire/>

Sterile Works from Oxfordshire Premises (SWOP)

This service provides sterile injecting equipment to people who inject illicit, non-prescribed, performance and image-enhancing drugs (PIEDs). The main aim of the service is to reduce the harms caused by injecting drug use until users are ready and willing to stop injecting.

Examples of how the service is affected:

- The SWOP service from pharmacies is still ongoing but will be affected by changes in opening hours of pharmacies as they cope with staff shortages and increased workloads.

A list of participating pharmacies can be found here:

<https://www.oxfordshire.gov.uk/residents/social-and-health-care/health-recovery-and-wellbeing/alcohol-and-drugs/alcohol-or-drug-addiction>

Children & Young People's Substance Misuse Service

This service is delivered in Family & Children's Centres across Oxfordshire to address and prevent alcohol and drug use for children and young people.

Examples of how the service is affected:

- This service is working closely with Oxfordshire County Council Children's services to prioritise work and find alternative methods, where appropriate.
- Workers will be serving across the county as necessary rather than just in their normal area.

For more information please call: 07950 301426

Better Housing, Better Health:

The Better Housing Better Health is a phone line to address fuel poverty and energy efficiency in homes in Oxfordshire as part of improving health and wellbeing.

Examples of how the service is affected:

- The helpline is operational as normal
- Home visits are suspended and your name will be added to a waiting list

Contact: email: bhbh@nef.org.uk or go to www.bhbh.org.uk

Adult Weight Management Service

This service is aimed at addressing weight management and obesity in Oxfordshire for adults.

Examples of how the service is affected:

- The Lose Weight with Achieve Oxfordshire 12-week scheme is available digitally via Zoom
- Should you have any further questions, please contact the member of staff you have been working with from groups such as Weight Watchers and Slimming World.

NHS Health Check

This service is aimed at identifying people at risk of heart disease, stroke, diabetes and kidney disease and managing the risk of developing it.

Examples of how the service is affected:

- NHS Health Check appointments are currently suspended in GP Practices
- Please wait for your GP practice to invite you in when services return to normal

Contact: your current GP to discuss your health concerns.

Health and nutrition

If anyone who is eligible, would like health start vitamins please contact your local Health Visiting team who will arrange this with you.

Please go to this website for more information: <https://www.gov.uk/healthy-start/eligibility>

Oral Health Promotion

This service is run by the Community Dental Service to promote oral health with children and adults.

Example of how the service is affected: for further updates, please visit:

<https://communitydentalservices.co.uk/>

Condom Distribution Scheme

This service is aimed at reducing teenage conceptions and rate of sexually transmitted infections amongst young people in Oxfordshire.

Example of how the service is affected:

- Pharmacies are experiencing high demand and now have variable opening hours
- Condoms can be posted

Contact: <https://www.sexualhealthoxfordshire.nhs.uk/condoms/>

Emergency Hormonal Contraception

The goal of this service is to reduce teenage conceptions and rate of sexually transmitted infections amongst young people in Oxfordshire.

Example of how the service is affected:

- EHC can be accessed over the phone from School Health and College Nurses, the Sexual Health Service and Pharmacies.
- Some pharmacies may be closed and operate different opening times

Please visit the Oxme web page for Emergency Hormonal Contraception for advice:

www.oxme.info/emergencycontraception

Integrated Sexual Health Services

This service aims to improve the sexual health of all Oxfordshire residents and visitors of all ages with information, advice and testing services.

Examples of how the service is affected:

- We are minimising face to face contact and arranging phone assessments or delaying follow up appointments. Some of the clinics are now closed.
- To book an appointment please phone: Oxford (Churchill)- 01865 231231 and Banbury- 01865 904500

- For a phone appointment, please email: ouh-tr.oxfordcontraception@nhs.net (Please be aware that emails may not be an entirely secure form of communication.)
- To find out about HIV and the coronavirus please use this link www.tht.org.uk/news/coronavirus-covid-19

For more information: 01865 231231 www.sexualhealthoxfordshire.nhs.uk

Long Acting Reversible Contraceptive (LARC)

This service is aimed at reducing unwanted pregnancies and improving sexual health with implantable methods of contraception for women of all ages

Examples of how the service is affected:

- The current advice to GPs is to postpone any refits or removals
- The Sexual Health Service may also fit coils

Online Chlamydia and Gonorrhoea Testing Service

This online postal service aims to reach adults aged 18 and over to increase the early detection, testing and treatment of Chlamydia and Gonorrhoea, to reduce transmission.

Example of how the service is affected:

- This service is operating as normal and the outbreak has not affected it.

Contact: www.sexualhealthoxfordshire.nhs.uk/chlamydia-screening/

Local Stop Smoking Service

This service aims to reduce smoking by co-ordinating services that are accessible and appropriate to the needs of those who smoke.

Examples of how the service is affected:

- All face to face clinics is now suspended. These will now transfer to telephone/quit-line support for new and existing patients.
- Use the app, Quit with Bella: www.quitwithbella.com

Email info@smokefreelife.co.uk or go to the website Web: www.smokefreelifeoxfordshire.co.uk