

Where can I find out more about VIG?

- A full website about VIG can be found at the following web address:

<https://www.videointeractionguidance.net/>

- See also a short animation explaining the process of VIG at:

<https://youtu.be/WvPRdMZmj-Q>

Video Interaction Guidance (VIG)

A brief introduction about VIG, the aims, and how it works.



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What is Video Interaction Guidance?

- VIG is (VIG) is a technique that aims to support parents, carers, children and young people to understand positive aspects of behaviour and to improve their communication skills.
- It helps people to recognise what they are already doing well and to build new skills.

What does VIG involve?

- A short video clip is taken of you and your child playing / being together.
- The clinician working with you on VIG will select relevant clips to view with you.
- There will then be a shared review of the clips between you and the clinician, to explore and reflect upon the best bits together.
- The sharing of film and feedback may be repeated depending on need.



How will it help?

- VIG helps to build on skills that you already have and provides help to discover new skills.
- It helps to develop an understanding of the part you play in building your relationships and communicating with others.
- Seeing yourself communicating effectively on screen is empowering and enabling and allows you to be more aware of your interaction skills and see the potential for further growth.

To whom does the film belong?

- The recording belongs to those key people being filmed
- The person working with you on VIG gives an undertaking that the film will not be shown to anyone else without the permission of the people being filmed
- Prior to filming relevant permission will have been obtained

Who is VIG for?

- Parents and carers who want to strengthen their relationship and interactions with the child
- May be suggested if an ATTACH worker feels it would benefit your relationship with your child
- May also be used to work with child and teaching staff

What do people say about VIG?

- “So much communication is non-verbal and seeing that on film is so useful”
- “It has helped my confidence in what I am able to do”
- “I was reluctant at first because of the use of video, but it really helped”
- “I really enjoy seeing the clips at the shared review. It’s fantastic!”

