

**DOING CO-PRODUCTION:**

**Self-reflection Form**

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**At the end (of a session, workshop, or project, etc)**

**What went well?**

**What could have been better?**

**How do I know for sure that…**

* **people understood why they were there?**
* **people understood the task?**
* **people felt meaningfully involved?**
* **people felt equal?**

**Was I as open, honest and transparent as possible? If not, why?**

**Who are the groups of people that are affected by this project?**

**Who, out of those groups or people, are involved in this project?**

**Self-reflection Form cont’d…**

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**If any of those groups or people are not involved, what   
prevented them?**

**Did anything stop people from participating fully and/ or in a meaningful way? If so, why?**

**How was decision-making shared in the group?**

**Have I asked people for their feedback?**

**How would I rate my facilitation skills?**

**How did I handle any conflict, or prepare for handling it?**

**What have I learned?**

**What would I do differently next time?**

**What do I think people are saying about this?**

**What would I keep the same?**

**What would I say to someone else who was about to start the co-production journey?**

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