

WE ARE MACMILLAN. CANCER SUPPORT

We have produced the Macmillan Core Books List to help public libraries improve the quality and reliability of the cancer material they stock. The books' subject matter includes information about cancer itself and people's experience of living with cancer.

All the books on the list meet key quality criteria including having been reviewed favourably by our book review panel. The list has also been influenced by information we receive from libraries about the subject matter of books taken out on loan.

The list is not prescriptive but intended to enable libraries to make informed choices between the very wide range of books available, which can be of variable quality and accuracy.

We review and update the list annually and welcome suggestions for how we might improve the content, including adding books that deal with subjects not included on the list currently. The electronic version is available on our website here: [Core Book List](#), and includes links to online reviews of the books.

The list is also available to download on the Reading Well website. A list of [Mood Boosting Books](#) is also available, chosen by people affected by cancer, which they have found uplifting. The books are novels, non-fiction and poetry and complement the core books.

Macmillan Libraries Core Books List



Author	Title	ISBN	Date	Publisher
General cancer				
Mukherjee S	The emperor of all maladies	9780007250929	2011	Fourth Estate
Living with cancer				
Matthews A	Anni's cancer companion. An A-Z of treatments, therapies and healing	9781848190672	2011	Singing Dragon
Servan-Schreiber D	Anti cancer: a new way of life	9780718156848	2011	Michael Joseph
Ericson P	Chemo cookery club: over 150 recipes for your journey to recovery	9781782193623	2013	John Blake
Bourne N	The fabulous woman's guide through cancer. A lifestyle guide to help you through	9781514315583	2015	CreateSpace
Butland S	How I said Bah! to cancer. A guide to thinking, laughing, living and dancing your way through cancer	9781848505919	2011	Hay House UK
Freeman J	How to eat well when you have cancer	9781847091413	2012	Sheldon Press
Young J	Recognise yourself. Beauty despite cancer. A practical guide to maintaining your appearance and well-being as you go through surgery, chemotherapy, radiotherapy, or experience hair loss	9781905367597	2015	Lotus Publishing
Shaw C	The Royal Marsden cancer cookbook	9780857832320	2015	Kyle Books
Goldsmith M	Thirty things about cancer	9781508549918	2015	CreateSpace
After treatment/Survivorship				
Geiger C	The cancer survivors club (Reprint)	9781780747262	2015	Oneworld Pubs
Atkins L	The cancer survivor's companion. Practical ways to cope with your feelings after cancer	9780749954901	2013	Piatkus
Goodhart F	How to feel better. Practical ways to recover from illness and injury	9780749958213	2013	Piatkus
Wilson A	Love for now	9781907605352	2013	Impress Books
Banka P	My cancer journey. A rendezvous with myself	9781504327404	2015	Balboa Press
Butland S	Thrive. The Bah! guide to wellness after cancer	9781848509665	2012	Hay House UK
Personal experience				
Tristram M	Probably nothing. A diary of not-your-average nine months (graphic novel)	9780241004159	2014	Viking
Advanced cancer, death, bereavement				
Clark RT	Cellmates. Our lessons in cancer, life, love and loss	9781908643179	2013	Saraband
Coutts M	The iceberg	9781782393504	2014	Atlantic Books
Gross K	Late fragments	9780008103453	2015	William Collins
Hastings N	A life turned upside down	9780992722036	2015	Little Knoll Press
Hitchens C	Mortality	9781848879218	2012	Atlantic Press
Green St John	Mum's list. A mother's life lessons to the husband and sons she left behind	9780718158330	2012	Penguin
Servan-Schreiber D	Not the last goodbye. Reflections on life, death, healing and cancer	9780230763722	2011	Macmillan

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Macmillan Support Line 0808 808 00 00

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Helping people living with cancer

Registered charity number 261017

Bellingham L	There's something I've been dying to tell you	9781473608566	2014	Coronet
Lubbock T	Until further notice, I am alive	9781783781461	2014	Granta
Gould P	When I die. Lesson from the death zone	9780349139111	2013	Abacus (reprint)
Common cancers				
Breast cancer				
Priestman T	Breast cancer. Your treatment choices	9781847092687	2013	Sheldon Press
Keshtgar M	The breast cancer cookbook	9781849495561	2015	Quadrille
Galgut C	Emotional support through breast cancer. The alternative handbook	9781846199363	2013	Radcliffe Publishing
Personal experience				
Horton S	Being Sarah. A true story about choice, control and breast cancer	9780956634412	2010	Wordscapes
Lynch L	The c-word	9780099547549	2010	Arrow
Day J	Getting it off my chest. How I lost my breast and found myself	9781905847891	2009	Old Street Publishing
Williams-Huw M	My mummy wears a wig - does yours?	9781906125110	2007	Accent Press
Hannigan E	Talk to the headscarf	9780749956486	2011	Piatkus
Bowel cancer				
Eustace I	Bowel cancer. The essential guide	9781861441348	2011	Need2Know
Prostate cancer				
Ellsworth P	100 questions & answers about prostate cancer (4th ed)	9781284052442	2014	Jones & Bartlett
Loshak D	Prostate cancer. The essential guide	9781861440921	2011	Need2Know
Books for carers				
Maclean R	Gift of time	9781780332338	2013	Constable
Mariott H	The selfish pig's guide to caring	9780749929862	2009	Piatkus
Hutton D	What can I do to help? (2nd ed)	9781906021566	2010	Short Books
Books for children and young people				
Sutherland E	Eek! My mummy has breast cancer	9781907463785	2013	Club Books
Chilman-Blair K	Medikidz explain breast cancer		2014	Medikidz
Advanced cancer, death, bereavement				
Robinson H	The copper tree	9780957124509	2012	Strauss House Productions
Silverberg A	Milo and the restart button	9780857071903	2011	Simon & Schuster
Ness P	A monster calls	9781406336511	2012	Walker Books