

## Books On Prescription: Dementia

Oxfordshire Libraries are pleased to provide the following official and nationally approved Books On Prescription: Dementia titles \* as part of the National Health Offer: Reading Well Scheme, together with other suggested titles which are available in Oxfordshire libraries.

### Books

Subject		
Information and Advice	Normal Ageing and Memory Problems	<p><b><i>Introduction to the Psychology of Ageing for Non Specialists</i></b> * By Ian Stuart-Hamilton</p> <p><b><i>Coping with Memory Problems</i></b> * By Sallie Baxendale</p> <p><b><i>Brain Fitness Workout</i></b> By Philip Carter</p> <p><b><i>Brian Power Workout</i></b> By Joel Levy</p> <p><b><i>Improve Your Memory</i></b> By Robert Athen</p>
	About Dementia	<p><b><i>Alzheimers: Answers at your fingertips</i></b> * By Alex Bailey</p> <p><b><i>Understanding Alzheimer's Disease &amp; Other Dementias</i></b> * By Nori Graham and James Warner</p> <p><b><i>ABC of Dementia</i></b> * By Bernard Coope and Felicity Richards</p> <p><b><i>About Dementia: For people with learning difficulties</i></b> * By Karen Todd, Vicky Turk and Michelle Christmas</p> <p><b><i>A Disease and Other Dementias: A practical guide</i></b> By Marc E. Agronin</p>

		<p><b><i>Book Therapy in Dementia Care</i></b> By Helen J. Bate</p> <p><b><i>Person-centred Activities and Dementia</i></b> By George Flaherty</p> <p><b><i>But Then Something Happened: A story of everyday Dementia</i></b> By Chris Carling</p> <p><b><i>When Someone You Love Has Dementia</i></b> By Susan Elliot-Wright</p> <p><b><i>ABC of Dementia</i></b> Edited by Bernie Cope</p> <p><b><i>Explaining Alzheimers and Dementia: More than memories</i></b> By David Moore</p> <p><b><i>The Creative Arts in Dementia Care: Practical person-centred approaches</i></b> By Sarah Povey</p> <p><b><i>Hearing the Person with Dementia: Person-centred approaches to communication</i></b> By Bernie McCarthy</p> <p><b><i>Can I Tell You About Dementia? A guide for family, friends and carers</i></b> By Jude Welton</p> <p><b><i>Understanding Alzheimers Disease and other dementias</i></b> By Brian Draper</p> <p><b><i>Alzheimer's and Other Dementias: Answers at your fingertips</i></b> By Harry Cayton</p>
	<p><b>For Children</b></p>	<p><b><i>Grandma</i></b><sup>*</sup> By Jessica Shepherd</p> <p><b><i>Mile-high Apple Pie</i></b> By Laura Langston &amp; Lindsey Gardiner</p> <p><b><i>Really and Truly: A story about Dementia</i></b> Emilie Rivard &amp; Anne-Claire Delisle</p>
<p><b>Living Well with Dementia</b></p>		<p><b><i>First Steps to Living with Dementia</i></b><sup>*</sup> By Simon Atkins</p> <p><b><i>Dementia Positive</i></b><sup>*</sup> By John Killick</p>

<p><b>Living Well with Dementia...</b></p>		<p><b><i>Hearing the Person with Dementia: Person-centered approaches*</i></b> By Mary Burgess</p> <p><b><i>Healthy Body, Healthy Brain: Alzheimer's and Dementia prevention and care</i></b> By Jenny Lewis</p> <p><b><i>Connecting Through Music with People with Dementia: A guide for care givers</i></b> By Robin Rio</p> <p><b><i>Coping With Early Onset Dementia</i></b> By Jill Eckersley</p> <p><b><i>Reducing Your Risk of Dementia</i></b> By Tom Smith</p> <p><b><i>Being: An approach to life and Dementia</i></b> By David Sheard</p>
	<p><b>Activities to Share</b></p>	<p><b><i>Pictures to Share</i></b> titles by Helen Bate*</p> <p><b><i>Beside the Seaside in Pictures</i></b> <b><i>Childhood Days in Pictures</i></b> <b><i>The Countryside in Pictures</i></b> <b><i>Family Life in Pictures</i></b> <b><i>A Funny Old World in Pictures</i></b> <b><i>In the Garden in Pictures</i></b> <b><i>Pets in Pictures</i></b> <b><i>Proverbs and Sayings</i></b> <b><i>Shopping in Pictures</i></b> <b><i>A Sporting Life in Pictures</i></b> <b><i>Travelling in Pictures</i></b> <b><i>A World of Work in Pictures</i></b></p>
<p><b>Support for Relatives and Carers</b></p>		<p><b><i>When Someone You Love has Dementia*</i></b> By Susan Elliot-Wright</p> <p><b><i>And Still the Music Plays: Stories of people with Dementia*</i></b> By Graham Stockes</p>

**Support for  
Relatives and  
Carers ...**

***Can I tell you about Dementia? A guide for family, friends and carers\****

*By Jude Welton*

***Dementia: Support for family and friends\****

*By Dave Pulsford and Rachel Thompson*

***10 Helpful Hints for Carers: Practical solutions for carers living with people with Dementia\****

*By June Andrews*

***Seeing Beyond Dementia: A handbook for carers with English as a second language\****

*By Rita Salomon*

***The Selfish Pig: Guide to caring – how to cope with the emotional and practical aspects of caring for someone***

*By Hugh Marriott*

***Now Where Did I Put My Glasses?: A practical and emotional lifeline***

*By Jackie Highe*

***Dementia: Practical advice for families, professionals and people living with Dementia and Alzheimer's Disease***

*By June Andrews*

***How to Guide a Loved One Through Alzheimer's or Dementia***

*By Jan Hall*

***Caring for Someone with Dementia***

*By Jane Brotchic*

***A Loving Approach to Dementia Care: Making meaningful connections with the person who has a disease or other dementias or memory loss***

*By Laura Wyman*

***Take My Hand: Comforting touch in Dementia and end of life care***

*By Barbara Goldschmidt*

***Keeping Mum: Caring for someone with Dementia***

*By Marianne Talbot*

***Dementia: Support for family and friends***

*By Dave Poulsford*

<p><b>Personal Stories</b></p>	<p><b><i>Dancing With Dementia: My story of living positively with Dementia*</i></b> By Christine Bryden</p> <p><b><i>Dear Dementia: The laughter and the tears*</i></b> By Ian Donaghy</p> <p><b><i>Still Alice*</i></b> By Lisa Genova</p> <p><b><i>Losing Clive to Younger Onset Dementia: One family's story*</i></b> By Helen Beaumont</p> <p><b><i>Telling Tales About Dementia: Experiences of caring*</i></b> By Lucy Whitman</p> <p><b><i>The Little Girl in the Radiator: Mum, Alzheimer's and me*</i></b> By Martin Slevin</p> <p><b><i>But then Something Happened: A story of everyday dementia*</i></b> By Chris Carling</p> <p><b><i>And Still the Music Plays</i></b> By Graham Stokes</p> <p><b><i>Dancing With Dementia: My story of living positively with Dementia</i></b> By Christine Bryden</p> <p><b><i>My Bonnie: How Dementia stole the love of my life</i></b> By John Suchet</p> <p><b><i>Remind Me Who I Am Again</i></b> By Linda Grant</p> <p><b><i>Where Memories Go: Why Dementia changes everything</i></b> By Sally Magnusson</p> <p><b><i>Telling Tales About Dementia: Experiences of caring</i></b> Editor: Lucy Whitman</p> <p><b><i>A Life Like Other People's</i></b> By Alan Bennett</p> <p><b><i>How Many Camels are there in Holland? Dementia, Ma and me</i></b> By Phyllida Law (aka <i>Three Mothers (and a Camel)</i>)</p>
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		<p><b><i>Take Care, Son: The story of my Dad and his Dementia</i></b> By Tony Husband</p> <p><b><i>Losing Clive to Younger Onset Dementia: One family's story</i></b> By Helen Beaumont</p> <p><b><i>Dementia: Frank and Linda's story</i></b> By Louise Morse</p> <p><b><i>Live and Laugh with Dementia</i></b> By Lee-Fay Low</p>
<p><b>Fiction</b></p>		<p><b><i>The Exit</i></b> By Helen Fitzgerald</p> <p><b><i>The Wilderness</i></b> By Samantha Harvey</p> <p><b><i>Elizabeth is Missing</i></b> By Emma Healey</p> <p><b><i>What Comes Next</i></b> By John Katzenbach</p> <p><b><i>Lost: A novel</i></b> By Alice Lichtenstein</p> <p><b><i>The Troubled Man</i></b> By Henning Mankell</p> <p><b><i>Arms Wide Open</i></b> By Tom Winter</p> <p><b><i>Twisted Reason</i></b> By Diane Fanning</p> <p><b><i>I'm Still Alive</i></b> Nigel Macbeth</p> <p><b><i>The Fall of the House of Robson</i></b> By Keith Tomlins</p>

## Ebooks

Subject		Title
Information And advice	About Dementia	<b><i>Alzheimers: Answers at your Fingertips</i></b> * By Alex Bailey
Living Well with Dementia		<b><i>First Steps to living with Dementia</i></b> * By Simon Atkins
Support for Relatives and Carers		<b><i>Seeing Beyond Dementia: A Handbook for Carers with English as a Second Language</i></b> * By Rita Salomon
Personal Stories		<b><i>Still Alice</i></b> * By Lisa Genova
		<b><i>Losing Clive to Younger Onset Dementia: One Family's Story</i></b> * By Helen Beaumont

Books can be found on the library catalogue at [www.libcat.oxfordshire.gov.uk](http://www.libcat.oxfordshire.gov.uk)

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