



Why, What, Who and How? - A guide to Support Services for Young Carers 2010

A young carer is anyone under the age of 25 whose life is in some way restricted because of the need to take responsibility for the care of someone who is ill, has a disability, is experiencing mental distress, or is affected by substance misuse.

Why were new services needed?

Young Carers were consulted to shape the Young Carers Strategy and they recommended a number of measures which would improve their outcomes. They told us that early intervention was needed so that problems did not get serious and out of control.

What and Who? Services now available to a young carer (see all contact details on page 2)

- 3 Young Carers Projects (North, South, Central) – provide group activities, breaks and trips and new services for young carers under 8yrs old and those over 16. Also developing mentors, befrienders and continuing to raise awareness of the issues.
- 3 Young Carers Support Workers based with FACEIT Family and Children Early Intervention Teams (North, South, Central) - provide support to individual families
- Connexions personal adviser for young carers aged 13 -19 (North and Central) - provides intensive one-to-one support addressing barriers to progress and inclusion
- Development work – carried out by the County Council and by Young Carers Projects.

How can referrals be made to a YC Project? Phone or email the project that is local to the young carer

How can referrals be made to Connexions? Via the young carer's project or any Connexions PA in schools and colleges. Young carers can also self-refer.

How can referrals be made for a YC Support Worker?

Are you a young carer or do you have a young carer in your family?	Do you work with children and families?	Do you work with adults?
Contact your local Young Carers' Project (see below) or your child's health visitor/school nurse or school	Requests for service should go through the Locality co-ordinator or FACEIT manager via the CAF/TAC processes	If you are concerned about a child who is providing care for an adult that you are working with contact the Young Carers Support Worker in your area for an informal discussion
What will happen next?	What will happen next?	What will happen next?
Ask for a CAF (common assessment form) to be completed so that you can explain what is needed and a support worker can be involved if they can help.	The case will be discussed by the Locality Co-ordinator and the FACEIT Manager/ Young Carers Team Manager and then a decision will be made about allocating a support worker to your TAC.	The worker will take some details about the child and your concerns. They will find out what is known about this child by Children's Services – then a plan of action will be decided upon and this will be discussed with you



Contacts

Type of support		Group activities, breaks, trips, mentoring, information	Targeted early intervention work with young carers and their families	Connexions intensive support for 13 to 19 year old young carers	Development Work (schools, adult services, NHS and other agencies)
Location	South (South Oxfordshire and Vale of the White Horse)	South and Vale Young Carers Project T: 01235 510212 E: carers@svcarers.org.uk	Julie Smith T: 01491 20863 / 07774 335649 E: julie1.smith@oxfordshire.gov.uk	Being developed in 2010	Alix Michaelis T: 01865 328045 / 07919 298263 E: alix.michaelis@oxfordshire.gov.uk Eleanor Cowan T: 01235 510212 E: carers@svcarers.org.uk
	North (Cherwell and West Oxfordshire)	Spurgeons Young Carers Service T: 01865 309602 / 07854 726678 E: kwalsh@spurgeons.org	Rachel James T: 01869 604112 / 07774 335648 E: Rachael.james@oxfordshire.gov.uk	Naseem Sarbatta 07827 947374/ 01865 205192 Naseem.sarbatta@Oxfordshire.gov.uk	Alix Michaelis T: 01865 328045 E: alix.michaelis@oxfordshire.gov.uk
	Central (Oxford)	Oxford Young Carers Project T: 01865 205192 E: youngcarers@carerscentre.co.uk	Julia Graw T: 01865 787184 / 07774 335647 E: Julia.graw@oxfordshire.gov.uk	Naseem Sarbatta 07827 947374/ 01865 205192 Naseem.sarbatta@Oxfordshire.gov.uk	Alix Michaelis T: 01865 328045/ 07919 298263 E: alix.michaelis@oxfordshire.gov.uk Kim Moore-Howells T: 01865 205192 E: info@carerscentre.co.uk