



Oxfordshire Young Carers

A Guide to Support Services for Young Carers

Update – October 2011 to June 2012

There is quite a bit of support out there for young carers but it can be confusing as things have changed so much recently.

If in doubt you can always call either Deborah Parkhouse (Young Carers Manager) on **07919 298263**, or Julie Smith (Young Carers Support Worker) on **07774 335649** to talk about a young carer. Short pieces of work are available from the in-house service, and group activities and other support are available from Spurgeons or the EIS Hubs and Deborah or Julie can advise on each case.

If you think there are caring responsibilities and you would like to apply for some funding, contact Alix Michaelis (Young Carers Development Worker) on **07785 453295**. Each young carer is entitled to £200 per annum and this can be for items or activities that relieve the impact of the caring and improve the health and wellbeing of the young carer.

Typical things that the fund can be used for are: activities such as skating, football, swimming etc. Equipment to help with school or college. Things like bicycles are great as they are good for healthy outcomes, but also things for the home to help a young carer have a better space for themselves would also be fine.

Also don't forget that young carers aged 16+ are entitled to be assessed as carers by adult services and a self-assessment is all that is needed to access some considerable funds for young carers (eg. Leisure and learning - £350, Life of your own - £600).

The following chart should help you to find the right options for the young carer you are working with:

Please do contact us if you have any questions!

The OCC Young Carers Team